



## 2025 IOM North America Continental Championship

November 17-22, 2025

Corpus Christi, Texas, USA

### SAILING INSTRUCTIONS

#### ORGANIZING AUTHORITY

The 2025 International One Metre Class North American Continental Championship is organized by IOMUSA, the Corpus Christi Yacht Club (CCYC), the American Model Yachting Association (AMYA), in conjunction with the International One Metre Class Association (IOMICA) and the International Radio Sailing Association (IRSA).

#### 1. RULES

- 1.1. The event will be governed by the *Racing Rules of Sailing* (RRS). RRS Appendix E will apply.
- 1.2. The following documents will also govern the event:
  - The International One Metre Class Rules
  - International One Metre Class Championship Regulations (CCR)
  - IRSA Supplementary Class Rules (2020)
  - Equipment Rules of Sailing (ERS)
  - Heat Management System (HMS)
- 1.3. The Protest Committee may publish a document setting out an accelerated procedure for protests and requests for redress.
- 1.4. RRS 90.3(e) shall apply.
- 1.5. The following US Sailing prescription apply, appendix R, the prescription to the preamble to part 5 and the prescriptions to rules 65.1, 70.3(b) and 76.1. These are listed in Addendum A
- 1.6. The following changes to RRS will apply:

- 1.6.1. In RRS 90.3(e), replace “24 hours” with “30 minutes”.
- 1.6.2. Chartered or loaned boats may carry the national letters denoting the national authority and/or the sail number of the person or organization providing the boat. This changes RRS G1.1(b), as modified by RRS E8.
- 1.7. If there is a conflict between languages the English text will take precedence.
- 1.8. If there is a conflict the SI are the controlling document. This modifies RRS 63.5(c)

## **2. NOTICES TO COMPETITORS**

- 2.1. Notices to competitors shall be posted on the Official Notice Board located near the Control Area.
- 2.2. An informal WhatsApp group may be created for the OA and Race Committee to communicate with competitors. If the group is formed, failure to post within the group shall not be grounds to request redress. This modifies RRS 61.1.

## **3. CHANGES TO SAILING INSTRUCTIONS**

- 3.1. The Protest Committee and the IOMICA event delegate shall approve changes in the Sailing Instructions.
- 3.2. Any changes to the Sailing Instructions shall be posted on the Official Notice Board and shall take effect from the first heat of a new race. However, changes to the Control Area or Launching Area, shall take effect from the next heat. When a notice is posted the Race Committee shall make two sound signals followed by a hail announcing that a change has been posted.
- 3.3. Any changes to the schedule of races shall be posted by 19:00 or earlier on the day before it takes place.
- 3.4. At the discretion of the Race Committee, checks of randomly selected boats may be conducted during the event to ensure that they comply with class rules.

## **4. SCHEDULE OF RACES (This Change NOR 6)**

<b>Date</b>	<b>Time</b>	<b>Activity</b>
Tuesday Nov 18 <sup>th</sup>	0900 - 1600	Check-in and equipment inspection and practice
Wednesday Nov 19 <sup>th</sup>	0930	Civic Ceremony
	0945	Skippers Meeting
	1000	Open Waters
	1030	First warning signal
	1700	No warning after this time or at the discretion of the OA
Thursday Nov 20 <sup>th</sup>	0930	Open Waters
	1000	First warning signal
	1700	No warning after this time or at the discretion of the OA
Friday Nov 21 <sup>st</sup>	0930	Open Waters

	1000	First warning signal
	1700	No warning after this time or at the discretion of the OA
Saturday Nov 22 <sup>nd</sup>	0930	Open Waters
	1000	First warning signal
	1700	No warning after this time or at the discretion of the OA
	30' after last race	Prize Giving Ceremony

## **5. COMPETITORS AS OBSERVERS**

5.1. Deleted.

## **6. RACING AREA**

6.1. The sailing area shall be located within the Corpus Christi Marina, in the vicinity of Lawrence Street T-Head.

6.2. Changes to the racing area shall be posted on the Official Notice Board according to SI 3.2.

## **7. CONTROL AREA AND LAUNCHING**

7.1. The limits to the Control Area shall be posted on the Official Notice Board. Competitors shall not leave this area when controlling boats that are racing, except briefly to handle and then release or relaunch the boat.

7.2. Boats scheduled to sail in a heat shall not enter the Control Area until authorized by the Race Committee. Boats shall not enter the Launch Area until authorized by the Race Committee.

7.3. A boat infringing SI 7.2 or 10.1 may be penalized by the Race Committee without a hearing. The penalty shall be a One-Turn penalty to be taken according to RRS E7(b). This changes RRS A5.

7.4. Launching and re-launching

- a. A boat scheduled to race in a heat may be launched, held in the launching area, taken ashore or relaunched at any time during the heat. However, she shall not be released for the first time during a heat after the first boat in that heat has finished.
- b. Boats shall be launched or recovered only from within the launch area.
- c. While ashore or within the launching area, boats may be adjusted, drained of water or repaired; have their sails/rigs changed; have entangled objects removed; or have equipment repaired or changed.

## **8. COURSES**

8.1. Before the warning signal of each heat, the course, including a description of the marks, starting and finishing line, the order in which marks are to be rounded, and the side on which each mark is to be left, shall be displayed on the course board as provided in RRS E3.3.

## **9. THE START**

- 9.1. The Race Committee shall hail the heat and race number of the next heat. It is the competitor's responsibility to hear this call and for the boat to compete in her assigned heat. Failure to hear and comply with the Race Committee's hail shall not be grounds for redress. This changes RRS 61.1.
- 9.2. Following a general recall the warning signal shall be made as soon as possible.

## **10. TIME LIMITS**

- 10.1. A boat that has not previously started in the heat, shall not be launched 5 minutes after her starting signal for that heat. Furthermore, an additional penalty may be imposed on the boat as per SI 7.3.
- 10.2. Boats starting more than one minute after the starting signal shall hail and receive acknowledgement from the Race Officer that they have started.
- 10.3. In accordance with RRS 35, the time limit for the first boat to finish after having sailed the course shall be 30 minutes.
- 10.4. The Race Committee may extend the time limit until all HMS requirements are satisfied.

## **11. TIME OUT LIMIT**

- 11.1. Except as in SI 11.3, the Time Out Limit for racing after the first boat finishes shall be 5 minutes. This changes RRS 35, A4 and A5.
- 11.2. *Boats still racing at the end of the Time Out Limit will be scored in the heat by the race committee without a hearing. The boat's heat score will be determined by the boat's place in the race at the time the Time Out Limit ends. This changes RRS A4 and A5.*
- 11.3. There shall be no Time Out Limit in Race 1.

## **12. PROTEST AND REQUESTS FOR REGRESS**

- 12.1. Protests and requests for redress need not be in writing. This changes RRS 60.3(a). The Protest Committee may take evidence in any way it considers appropriate and may communicate its decision orally.
- 12.2. A boat intending to protest or to request redress about an incident during a heat shall inform the race official of that intention no more than 5 minutes after the last boat in that heat finishes. This changes RRS E6.4.
- 12.3. Parties to a protest shall be informed orally by hailing that a protest hearing is opening. It is the responsibility of the parties to come to the hearing without delay accompanied by any witness. No other notice of the hearing shall be given. This changes RRS 63.1.
- 12.4. However, after the warning signal of any heat to which a party to the hearing may be promoted, any decision or redress shall not change the race schedule for that race.
- 12.5. Any penalty other than Part 2 rules may be DPs at the discretion of the Protest Committee.

## **13. SCORING SYSTEM**

- 13.1. The event shall be raced and scored per the current HMS.
- 13.2. Five races are required to be completed to constitute a series.
- 13.3. A boat finishing in a heat to which she has not been assigned shall be scored DNS for the heat to which she was assigned. She shall not sail in her assigned heat.

#### **14. REPLACEMENT OF EQUIPMENT**

- 14.1. Substitution of damaged or lost equipment shall not be allowed unless authorized by the Race Committee. Requests for substitution shall be made to the Race Committee at the first reasonable opportunity.

#### **15. EQUIPMENT AND MEASUREMENT CHECKS**

- 15.1. A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a Race Committee, equipment inspector or measurer to proceed immediately to a designated area for inspection.

#### **16. TRANSMITTERS**

- 16.1. Unless the Race Committee prohibits their use, competitors who are not racing may use their transmitters at any time for the purpose of tuning or practicing sailing.

#### **17. PRIZES**

- 17.1. Top 5 overall finishers.
- 17.2. The IOM ICA Perpetual trophy. (top North American entry)
- 17.3. Top finishers in the following age categories, based on ages as of November 18, 2025.
  - 17.3.1. **U26** (under 26)
  - 17.3.2. Master **M** (55-65)
  - 17.3.3. Grand Master **GM** (66-70)
  - 17.3.4. Great Grandf Master **GGM** (71-75)
  - 17.3.5. Legend **L** (76-80)
  - 17.3.6. Fantastic Legend **FL** (81+)
- 17.4. Other prizes may be awarded at the discretion of the event organizers.

#### **18. RISK STATEMENT**

- 18.1. RRS 3 states: "The responsibility for a boat's decision to participate in a heat or to continue racing is hers alone." Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in any of the events covered by these Sailing Instructions, each competitor agrees and acknowledges that:
  - a. You are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of

themselves and their boat to such inherent risk whilst taking part in the event whether afloat or ashore.

- b. You accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions.
- c. Your boat is in good order, equipped to sail in the event and they are fit to participate.
- d. The provision of a race management team, patrol boats, umpires and other officials and volunteers by the organizer does not relieve you of your own responsibilities.
- e. The provision of rescue boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

18.2. At all times the responsibility for the safety of their boat and themselves plus the decision to participate or continue must rest solely with and always remain with the competitors

## **ADDENDUM A**

**Add to the preamble to Part 5:**

*US Sailing prescribes that no fees shall be charged for protests or requests for redress.*

**Add to rule 65.1:**

*US Sailing prescribes that*

*(a) A boat that retires from a race or accepts a penalty does not, by that action alone, admit liability for monetary damages.*

*(b) A protest committee shall find facts and make decisions only in compliance with the rules. No protest committee or US Sailing appeal authority shall adjudicate any claim for monetary damages. Such a claim is subject to the jurisdiction of the courts*

*(c) A basic purpose of the rules is to prevent contact between boats. By participating in an event governed by the rules, a boat agrees that responsibility for monetary damages arising from any breach of the rules shall be based on fault as determined by application of the rules, and that she shall not be governed by the legal doctrine of 'assumption of risk' for monetary damages resulting from contact with other boats.*

**Add to rule 70.3(b):**

*US Sailing prescribes that its approval is required. Go to [ussailing.org/rules](http://ussailing.org/rules) and click the 'No Appeal' link for more information or to obtain approval.*

**Add to rule 76.1:**

*US Sailing prescribes that an organizing authority or race committee shall not reject or cancel the entry of a boat or exclude a competitor eligible under the notice of race and sailing instructions for an arbitrary or capricious reason or for reason of race, color, religion, national origin, gender, sexual orientation, or age. However, an organizing authority or race committee may exclude a competitor who is a citizen of, or holds a World Sailing ID as an MNA member of, a country listed on the US Sailing website under 'Exclusion' at [ussailing.org/rules](http://ussailing.org/rules).*

## APPENDIX R

***This appendix is a US Sailing prescription.***

*See rules 70, 71 and 72. This appendix replaces Appendix R as adopted by World Sailing for the purpose of creating a two-level appeals system. This appendix shall not be changed by the notice of race or sailing instructions.*

*The US Sailing Appeals Committee acts as the national authority under rules 70, 71 and 72.*

*Appeals, requests by protest and association appeals committees for confirmation or correction of their decisions, and requests for interpretations of the **rules** shall be made in compliance with this appendix.*

*Frequently Asked Questions (FAQ) on the appeals system and their answers, including advice on how to prepare an appeal, can be found on the US Sailing website. Go to **ussailing.org/appeals** and click the 'Appeals FAQ' link.*

### **R1 TO APPEAL OR MAKE A REQUEST**

Appeals, requests by protest committees for confirmation or correction of their decisions, and requests for interpretations of the *rules* shall be made in compliance with this appendix.

**R1.1** (a) To appeal the decision or the procedures of a protest committee or an association appeals committee, no later than 15 days after receiving the written decision being appealed or a protest committee's decision not to reopen a hearing, the appellant shall send an appeal and a copy of the decision being appealed to US Sailing. The appeal shall state why the appellant believes that committee's decision or its procedures were incorrect;

(b) To appeal when the hearing required by rule 63.2(a) has not been held within 30 days after a *protest* or request for redress was delivered, the appellant shall, within a further 15 days, send an appeal with a copy of the *protest* or request and any relevant correspondence. The appeals committee to which the appeal is forwarded shall extend the time if there is good reason to do so; or

(c) To appeal when the protest committee fails to comply with rule 63.6(b), the appellant shall, within a reasonable time after the hearing, send an appeal with a copy of the *protest* or request and any relevant correspondence. If a copy of the *protest* or request is not available, the appellant shall instead send a statement of its substance.

**R1.2** The appellant shall also submit online the *Appeals & Requests Information Form*, either within the 15 day time limit in rule R1.1(a) or soon thereafter. To find the form, go to **ussailing.org/appeals** and click the '*Appeals & Requests Information Form*' link. The form requests all of the following documents and information available:

(a) the written *protest(s)* or request(s) for redress;

(b) if the appeal is from a decision of an association appeals committee, the written decision of the protest committee and the appeal to the association appeals committee;

(c) a diagram, prepared or endorsed by the protest committee, that shows:

(1) the positions of all boats involved at relevant times, and their tracks;

- (2) the course to the next *mark* and its required side;
- (3) the speed and direction of the wind;
- (4) any relevant *mark, obstruction* or *zone*; and
- (5) if relevant, the depth of the water and the speed and direction of any current;
- (d) the notice of race, sailing instructions, any other documents governing the event, and any changes to them;
- (e) the names, postal addresses and email addresses of the *parties* to the hearing, the chair of the protest committee and, if relevant, the chair of the association appeals committee; and
- (f) any other relevant documents.

**R1.3** To request confirmation or correction of its decision, a protest committee or association appeals committee shall, no later than 15 days after making its decision, send to US Sailing a copy of its decision, the *Appeals & Requests Information Form*, and all relevant documents and comments.

**R1.4** To request an interpretation of the *rules*, a club or other organization affiliated to US Sailing shall send its request to US Sailing (see rule 72). The request shall include assumed facts and be endorsed by an officer of the club or organization. A US Sailing committee is considered to be an organization affiliated to US Sailing.

## **R2 WHERE TO SEND AN APPEAL OR REQUEST**

**R2.1** (a) Send appeals and requests for confirmation or correction either by email to the US Sailing Race Administration Director at **submitappeal@ussailing.org**, or submit them online with the *Appeals & Requests Information Form* (see rule R1.2).

(b) Email requests for interpretations of the *rules* to the US Sailing Race Administration Director at **submitappeal@ussailing.org**.

**R2.2** Except as provided in rule R2.4, the Director will forward an appeal under rule 70.1, or a request by a protest committee for confirmation or correction of its decision under rule 70.2, to

- (a) the association appeals committee for the place in which the event was held, or
- (b) the association appeals committee for the Intercollegiate Sailing Association (ICSA) or the Interscholastic Sailing Association (ISSA) for an event conducted under the procedural rules of the ICSA or ISSA.

However, a different association appeals committee may be substituted if there is good reason to do so.

**R2.3** The director will forward an appeal of a decision of an association appeals committee, a request by an association appeals committee for confirmation or correction of its decision, and a request for an interpretation of the *rules* to the US Sailing Appeals Committee.

**R2.4** The director will forward to the US Sailing Appeals Committee an appeal under rule 70.1 or a request by a protest committee under rule 70.2 if the appeal or request arose from:



- (a) a decision made under rule 69.2,
- (b) a US Sailing national championship,
- (c) an event where the expedited appeals process referred to in rule R8 applies, or
- (d) a race that either started or finished outside of US waters (see rule 70.4).

### **R3 FEES**

**R3.1** If the appeal or request is being made to an association appeals committee, US Sailing charges no fee for forwarding that appeal or request. However, an association appeals committee may charge a fee, in which case the association appeals committee will send a notice to the appellant (or, for a request, to the protest committee) stating the fee, to whom the fee is payable, and the address to which the fee must be sent.

**R3.2** If the appeal is being made to the US Sailing Appeals Committee by a member of US Sailing or another national authority, US Sailing charges no fee. The fee is \$85 for all others.

**R3.3** There is no fee for a request for an interpretation of the *rules*, a request from an association appeals committee for confirmation or correction of its decision, or an appeal under rule 70.1 when the protest committee has failed to hold a hearing or to make a decision.

**R3.4** If a fee is required for an appeal, it must be received before the appeal will be considered. For appeals made to the US Sailing Appeals Committee, the fee can be paid by check to 'US Sailing' or electronically at [ussailing.org/appealfee](http://ussailing.org/appealfee).

### **R4 NOTIFICATION OF THE COMMITTEE WHOSE DECISION IS BEING APPEALED**

Upon receipt of an appeal, the appeals committee shall send a copy of the appeal to the committee whose decision is being appealed, asking it for any documents required by rule R1.2 not supplied by the appellant.

### **R5 COMMITTEE RESPONSIBILITIES**

#### **R5.1 Protest Committee**

A protest committee whose decision is being appealed shall supply the documents requested under rule R4 and any facts or other information requested under rule R5.4. If directed to do so by the appeals committee, it shall conduct a hearing, or reopen the hearing, of the *protest* or request for redress, or conduct a hearing to consider redress.

#### **R5.2 Association Appeals Committee**

An association appeals committee shall act as the national authority under rule 71, subject to further appeal as provided in rule R7.1(a). In addition, an association appeals committee shall

- (a) send to all *parties* to the hearing, and to the protest committee whose decision is being appealed or reviewed, copies of all relevant documents, comments and clarifications it has received, except those supplied by that *party* or committee;
- (b) send its decision in writing to all *parties* to the hearing and the protest committee; and
- (c) consider an appeal it has refused to decide if directed to do so by the US Sailing Appeals Committee.

### **R5.3 US Sailing Appeals Committee**

The US Sailing Appeals Committee shall send to all *parties* to the hearing, to the protest committee and to the association appeals committee whose decision is being appealed or reviewed, copies of all relevant documents, comments and clarifications it has received, except those supplied by that *party* or committee.

### **R5.4 Facts and Other Information**

- (a) An appeals committee shall accept the facts found by the protest committee.
- (b) When an appeals committee decides that the facts found by the protest committee are inadequate, or that it needs other information, the appeals committee shall require the protest committee to
  - (1) provide additional facts or information, or
  - (2) reopen the hearing and report any new facts or information.

The protest committee shall promptly do so and respond in writing.

### **R6 COMMENTS**

The *parties* to the hearing, the protest committee and, if relevant, the association appeals committee may make comments on the appeal or request, on any of the documents listed in rule R1.2, and on any clarifications received under rule R7.2(d). Comments shall be sent in writing to the appeals committee no later than 15 days after the *party* or committee receives the document. The appeals committee need not consider comments sent after that time or comments on comments.

### **R7 PROVISIONS IN ADDITION TO THOSE OF RULES 70 AND 71**

#### **R7.1 Right to Appeal or Request Confirmation or Correction**

- (a) A *party* to a hearing may appeal an association appeals committee's decision or its procedures.
- (b) An association appeals committee may request confirmation or correction of its decision.

#### **R7.2 Other Provisions**

- (a) No member of the association appeals committee shall take part in the discussion or decision on an appeal or a request for confirmation or correction to the US Sailing Appeals Committee.
- (b) An appeals committee may direct a protest committee to conduct a hearing to consider redress for an appellant or other boats.
- (c) The US Sailing Appeals Committee may direct an association appeals committee to consider an appeal it has refused to decide, or may assign a different association appeals committee to consider an appeal if there is good reason to do so.
- (d) An appeals committee may seek clarifications of *rules* governing the event from organizations that are not *parties* to the hearing.

#### **R7.3 Withdrawing an Appeal**

With the consent of the appeals committee, an appellant may withdraw an appeal before it is decided

## **R8 EXPEDITED APPEALS**

An expedited appeals process, which can only be used at NGB (National Governing Body) Qualifying Competitions or US Sailing Selection Competitions (see US Sailing Regulation 12.02 and 12.03), can be found on the US Sailing website. Go to **[ussailing.org/rules](https://ussailing.org/rules)** and click the 'Expedited Appeals' link.